



| ر-ج | الحصة | عناصر الدرس(الموضوع / الأهداف / المراحل / ...) | المدة | المكون | القسم | زمن التعلم |
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| **فترة استراحة** |
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| ر-ج | الحصة | عناصر الدرس(الموضوع / الأهداف / المراحل / ...) | المدة | المكون | القسم | زمن التعلم |
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| **فترة استراحة** |
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